

For Immediate Release



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Holistic Health Expo, March 13 & 14

Make room in your weekend this March 13 & 14 for an exciting Holistic Health Expo at Unity Campus in St. Petersburg! Featuring a variety of opportunities for education and healing as nature intended; attendance to the all exhibits is FREE.

Saturday, March 13th, will be a full day showcasing approximately 100 vendors from 10 am – 6 pm, including drawings, prizes, and samples. Featured speakers will also be participating throughout the day Saturday by providing educational sessions and workshops for the community. Attend all of the educational workshops throughout the day for only \$10 (see pg 3 for an additional discount coupon for Natural Awakenings readers). Visit WingsBookstore.com for updated information regarding the educational opportunities and topics.

Caroline Sutherland, Medical Intuitive, will be the featured keynote speaker on Saturday evening*(6:30 – 8:30 pm). Caroline is the personal health coach for Louis Hay, and will be sharing her wisdom regarding “How You Can Stay Young, Vital and Energetic Forever!”

On Sunday, March 14th, the exhibits will be open from 10 am – 2 pm, and Caroline Sutherland is offering an interactive workshop* (beginning at 2:30 pm) that will include individual medical intuitive readings for participants and a deeper understanding of her teachings (expanding on concepts introduced in her keynote).

For more information, or to purchase tickets for Caroline Sutherland, visit Wings Bookstore at 4500 4th St N, St Petersburg, call 727-522-6657, or visit WingsBookstore.com. *Caroline Sutherland Tickets are sold separately.

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